

Local Food: Categories and Definitions

 MEAT + MEAT PRODUCTS	 SEAFOOD + SEAFOOD PRODUCTS
<p>Any animal protein product composed of beef, pork, poultry, lamb, or game meats—not including dairy products, seafood, eggs, or plant-based meat substitutes.</p>	<p>Any fish, shellfish, sea vegetable, and processed product composed of greater than 50% of the same (e.g., clam chowder, fresh haddock, tinned oysters, frozen scallops).</p>
 FRESH FRUITS + VEGETABLES	 EGGS + EGG PRODUCTS
<p>Raw and unprocessed fruits or vegetables. Processed fruits and vegetables (canned, frozen, dried or powdered).</p>	<p>Shell eggs or 100% egg products (e.g. bulk liquid eggs, frozen egg patties, etc.) derived from poultry birds only.</p>
 DAIRY PRODUCTS	 GRAIN PRODUCTS + BAKED GOODS
<p>Any milk, cheese, cream, butter, ice cream, or yogurt product derived from the milk of cows, goats, sheep, or other animals.</p>	<p>Grains and processed grain-based products including breads, rolls, tortillas, flours, cakes, cookies, or other baked goods.</p>
 ALCOHOLIC BEVERAGES	 NON-ALCOHOLIC BEVERAGES
<p>Alcoholic beverages include beer, wine, spirits, or beverages with an alcohol content greater than 0.5% alcohol by volume.</p>	<p>Non-alcoholic beverages include any beverages—excluding bottled water—with an alcohol content of less than or equal to 0.5% alcohol by volume (e.g., soda, seltzer, energy drinks).</p>
 SWEETENERS	 ALL OTHER FOOD PRODUCTS
<p>Sugar, molasses, corn syrup, honey, maple syrup/sugar, and other sweeteners.</p>	<p>Foods including nuts and nut butters, chocolate, confections, coffee and tea products, or any other food item, excluding water, not specifically included in any of the previous categories.</p>

Is it Local to New England?

Yes, if:

Or

Yes, if:

(two or more of these requirements are met)



It is a **raw agricultural product** (for example, milk, meat, seafood, eggs, vegetables, and maple syrup) that is grown, raised, landed, harvested, or tapped in New England



The **majority of ingredients** (>50% by volume, excluding water) are raw agricultural products that are local to New England



It is **processed or manufactured** in New England



The food processor or manufacturer is **headquartered** in New England