

Local Food: Categories and Definitions

 MEAT + MEAT PRODUCTS	 SEAFOOD + SEAFOOD PRODUCTS
<p>Any animal protein product composed of beef, pork, poultry, lamb, or game meats—not including dairy products, seafood, eggs, or plant-based meat substitutes.</p>	<p>Any fish, shellfish, sea vegetable, and processed product composed of greater than 50% of the same (e.g., clam chowder, fresh haddock, tinned oysters, frozen scallops).</p>
 FRESH FRUITS + VEGETABLES	 EGGS + EGG PRODUCTS
<p>Raw and unprocessed fruits or vegetables. Processed fruits and vegetables (canned, frozen, dried or powdered).</p>	<p>Shell eggs or 100% egg products (e.g. bulk liquid eggs, frozen egg patties, etc.) derived from poultry birds only.</p>
 DAIRY PRODUCTS	 GRAIN PRODUCTS + BAKED GOODS
<p>Any milk, cheese, cream, butter, ice cream, or yogurt product derived from the milk of cows, goats, sheep, or other animals.</p>	<p>Grains and processed grain-based products including breads, rolls, tortillas, flours, cakes, cookies, or other baked goods.</p>
 ALCOHOLIC BEVERAGES	 NON-ALCOHOLIC BEVERAGES
<p>Alcoholic beverages include beer, wine, spirits, or beverages with an alcohol content greater than 0.5% alcohol by volume.</p>	<p>Non-alcoholic beverages include any beverages—excluding bottled water—with an alcohol content of less than or equal to 0.5% alcohol by volume (e.g., soda, seltzer, energy drinks).</p>
 SWEETENERS	 ALL OTHER FOOD PRODUCTS
<p>Sugar, molasses, corn syrup, honey, maple syrup/sugar, and other sweeteners.</p>	<p>Foods including nuts and nut butters, chocolate, confections, coffee and tea products, or any other food item, excluding water, not specifically included in any of the previous categories.</p>

Is it Local to New England?

Yes, if:

Or

Yes, if:

(two or more of these requirements are met)



It is a **raw agricultural product** (for example, milk, meat, seafood, eggs, vegetables, and maple syrup) that is grown, raised, landed, harvested, or tapped in New England



The **majority of ingredients** (>50% by volume, excluding water) are raw agricultural products that are local to New England



It is **processed or manufactured** in New England



The food processor or manufacturer is **headquartered** in New England

LOCAL FOOD COUNT - Worksheet 1

Institution, Restaurant, or Retail-Grocer Name: _____

Location (City/State): _____

Please fill in your total Food and Beverage spend in 2025: \$ _____

Please fill in the table below with how much you spent by product category (A), how much of that product originated in your state (B) and how much of that product in total came from any of the other five New England states (C) in 2025:

Product Category	A. Total Purchases by Product Category (if available)	B. Total local and regional food purchases from vendors based in your state (if available)	C. Total local and regional food purchases from vendors based in the other five New England states
Meat + Meat Products	\$	\$	\$
Dairy Products	\$	\$	\$
Eggs + Egg Products	\$	\$	\$
Seafood + Seafood Products	\$	\$	\$
Fresh + Processed Fruits + Vegetables	\$	\$	\$
Grain Products + Baked Goods	\$	\$	\$
Alcoholic Beverages	\$	\$	\$
Non-alcoholic Beverages (excluding water)	\$	\$	\$
Sweeteners	\$	\$	\$
All Other Food Products	\$	\$	\$